

Show Notes - Episode 7 - Keri Eichberger

Welcome our teacher, Keri Eichberger. Keri is the author of *Win Over Worry* which has a release date of September 12th and I will be on her launch team.

- Keri lives just outside of Louisville, Kentucky, with her husband Mike and their five kids.
- After years of writing for an online audience, she became ordained through Southeast Christian Church, giving her life to full-time ministry.
- She continues to follow her calling to bring faith-filled encouragement to others around the world through her social media influence, devotionals, Faith Fueled podcast, and Christian nonfiction books.

Nagging thoughts simmer and sizzle within you.

Super-sized fears shake and overtake you. It's the enemy "worry." But you have the power to win over it.

Keri is no stranger to worry and its ill effects. As a teenager, she discovered the power of panic and anxiety after encountering her own struggles and suffering. She developed unhealthy and unreliable coping strategies of self-will over the preferred will and way of God. *Win over Worry* will equip you to face the fears that have been holding you back from taking flight into the fullness of life we all long for.

God has planned a colorful, flavorful, chains- free future for you, his cherished child, to enjoy. Right here, and right now.

Thank you for coming to class today. If you could rate, review and subscribe to the podcast and our newsletter I would be ever so grateful. All of my connection links are in the info section. I will respond and appreciate all engagement. Class dismissed.

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