

## Show Notes – Episode 10: Dating: A Beautiful Season: Alex Jensen

Today we will be talking about relationships in the emotional class Being Human

Today we welcome our teacher, Alex Jensen. Alex is the author of A Beautiful Season: Finding your identity in Christ after a dating relationship ends.

- Alex is a stay at home mom, author, blogger, and Christ follower.
- She is also an antiques dealer and sells vintage and antique decor online.
- Her love and passion is writing. She has authored several books, two that are published, A Beautiful Season: Finding Your Identity In Christ After A Dating Relationship Ends and The Meaning of Motherhood: Discovering Joy and Purpose Through Christ in the Everyday Moments of Mom Life.
- Alex has a Bachelor's degree in Elementary Education and a Master's degree in Math and Science Education. She is a former Elementary school teacher.
- She and I follow one another on social media and crossed each others path as a divine appointment.

The reason I chose the topic of your first book is that I find myself in a dating season after my divorce and believe we can all learn from one another. I have many listeners who would benefit based on their age and season as well. So I would love to hear the big

picture story that lead to A Beautiful Season and how you did find your identity after a hard relationship ended.

Alex's Nugget:

I Thessalonians 5: 16-19: 16 Rejoice always, 17 pray continually, 18 give thanks in all circumstances; for this is God's will for you in Christ Jesus. 19 Do not quench the Spirit.

"Being content in our current circumstances or season, will aid us in future seasons"

Thank you for coming to class today. If you could rate, review and subscribe to the podcast and our newsletter I would be ever so grateful. All of my connection links are in the info section. I will respond and appreciate all engagement. Class dismissed.

Connect with Alex:

Website: <http://alexandrajensen.org/>

IG: @alexandrajensen

Facebook: <https://www.facebook.com/alex.savage.7169>

Book:

[https://www.amazon.com/dp/1620205475?ref\\_=cm\\_sw\\_r\\_em\\_u\\_d\\_dp\\_B1XETWNJ92NFQ5EA11MK](https://www.amazon.com/dp/1620205475?ref_=cm_sw_r_em_u_d_dp_B1XETWNJ92NFQ5EA11MK)