

Navigating Faith, Forgiveness, and Life with author of But God Can, Becky Kiser

In this episode of 'Old School,' Michele invites author Becky Kiser to discuss her book 'But God Can: How to Stop Striving and Live Purposefully in Abundantly,' which focuses on the spiritual and emotional journeys of navigating through life's challenges by leaning on faith. Kiser, known for her work as a speaker, podcast host, ministry leader, and life coach, shares insights from her personal journey, touching upon themes of forgiveness, building healthier relationships, and the importance of overcoming 'shoulds' in Christian spirituality. The episode also reveals behind-the-scenes aspects of the podcast's casual and conversational approach, highlighting Michele's intent to create meaningful dialogues without rigid structures. The conversation goes deeper into the relational aspect of God's miracles in everyday life and the transformative power of embracing one's story through the lens of 'but God can' moments. Additionally, Becky and Michele reflect on personal growth, the significance of setting healthy boundaries, and the healing process.

Michele delves into an engaging conversation with Becky Kiser, the author of 'But God Can: How to Stop Striving and Live Purposefully in Abundantly,' set to be published on May 7th. Becky shares her multifaceted journey from navigating diverse household beliefs in her upbringing to encountering deep-seated insecurities and relational challenges in adulthood. Through her story, she illustrates how leaning on faith transformed her perspective, enabling her to embrace a life marked by forgiveness, purpose, and freedom. The discussion also covers the importance of genuine connectivity with God, overcoming the limitations of 'shoulds' imposed by Christian culture, and setting healthy boundaries. Additionally, Becky highlights her intentions for the book to not only provide spiritual insights but also practical activities to foster real-life application and change. The episode wraps up with an announcement about the upcoming Zoom book club for those who pre-order her book, aimed at offering an interactive community experience.

00:00 Kickoff: Setting the Stage for a Heartfelt Conversation

02:13 Introducing Becky Kaiser: Author, Speaker, and Cheerleader of Women

03:41 Becky's Journey: From Insecurities to Embracing 'But God Can'

09:38 Navigating Relationships and Forgiveness: A Personal Story

17:33 The Power of Forgiveness and Setting Healthy Boundaries

22:50 Reflecting on Relational Dynamics and the 'But God Can' Moments

24:15 Creating an Interactive Book Experience

25:06 The Challenge of Engaging with a Book

26:01 Building a Community Around the Book

26:14 The Importance of Getting Uncomfortable for Growth

26:59 Exclusive Offers for Pre-Ordering Readers

28:06 Navigating the Author Journey

28:13 Personal Anecdotes and Life Lessons

37:17 The Power of Coaching and Community in Writing

39:46 Choosing the Self-Publishing Route

41:41 Reflecting on the Journey and Looking Forward

Connect with Becky:

Social Channels

Instagram (BK): <https://www.instagram.com/beckykiser>

Instagram (OWM): <https://www.instagram.com/onlinewomensministries/>

Facebook: <https://www.facebook.com/beckykiser.authorandspeaker>

Website(s)

Website: <http://www.beckykiser.com>

Podcast--Hearers & Doers with Becky Kiser: <https://podcasts.apple.com/us/podcast/hearers-and-doers-with-becky-kiser/id1493950669>